

Glenmore 10-mile times 7 August 2018

	Date	7/8/18
Forename	Surname	mm:ss
Adam	Alexander	24:59
Paul	Parrish	26:13
Paul	Easto	26:14
Rob	Taylor	27:23
Brian	Fishpool	27:36
Andy	Bateman	29:24
Alisdair	Morris	31:17
Lindsey	Alexander	32:33
Sarah	Wiseman	34:08

Combined results

	Date	7/8/18	Rank	
Forename	Surname	Points	Female	Male
Adam	Alexander	25		1
Paul	Parrish	24		2
Paul	Easto	23		3
Rob	Taylor	22		4
Brian	Fishpool	21		5
Andy	Bateman	20		6
Alisdair	Morris	19		7
Lindsey	Alexander	18	1	
Sarah	Wiseman	17	2	

Handicap times

	Date	7/8/18			
Forename	Surname	PB10	HC	Actual	HC Time
Lindsey	Alexander	34:06	12:06	32:33	20:27
Alisdair	Morris	31:24	09:24	31:17	21:53
Rob	Taylor	27:22	05:22	27:23	22:01
Adam	Alexander	24:20	02:20	24:59	22:39
Sarah	Wiseman	33:19	11:19	34:08	22:49
Paul	Parrish	25:19	03:19	26:13	22:54
Andy	Bateman	26:22	04:22	29:24	25:02
Brian	Fishpool	24:34	02:34	27:36	25:02
Paul	Easto			26:14	26:14

Glenmore handicap results

	Date	7/8/18	Rank	
Forename	Surname	Points	Female	Male
Lindsey	Alexander	25	1	
Alisdair	Morris	24		1
Rob	Taylor	23		2
Adam	Alexander	22		3
Sarah	Wiseman	21	2	
Paul	Parrish	20		4
Andy	Bateman	18		5
Brian	Fishpool	18		6
Paul	Easto	17		7

Details of the scoring and the handicap system are on the website - <http://cairngormcc.co.uk/information/time-trial-scoring>